

# How to perform wudu

An illustrated step-by-step guide



## AFTER WUDU

أشهد أنه لا إله إلا الله وحده لا شريك له, وأشهد أن محمدا عبده ورسوله اللهم اجعلني من التوابين واجعلني من المتطهرين

I bear witness that none has the right to be worshipped but Allah alone, Who has no partner, and I bear witness that Muhammad is His servant and Messenger. O Allah, make me among those who repent and make me among those who purify themselves.

Source: Al Irwâ n°96

1

## The intention (Niyyah)



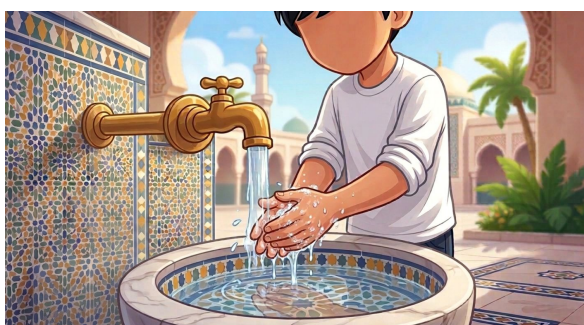
**It all begins in your heart before touching the water.**

The intention is made in the heart, not with the tongue. Prepare to purify yourself for Allah, then simply say "Bismillah" before starting.

2

## Wash the hands

**Repeat 3 times**



**Wash your hands three times up to the wrists.**

Wash both hands well up to the wrists, starting with the right. This is also the time to use the Siwak as the Prophet did. (Sheikh Uthaymeen mentions it is used before or after rinsing the mouth.)

3

## Rinse the mouth and nose

Repeat 3 times

**Rinse your mouth and nose with the same handful of water.**

Take water in your right hand. Use part of it to rinse your mouth and the other part to draw it into your nose. Then use your left hand to expel the water from the nose.



4

## Wash the face

Repeat 3 times

**Wash your whole face, from the left ear to the right ear.**

The face extends from the hairline down to the bottom of the chin, and from one ear to the other. Water must reach everywhere.



5

## Wash the arms

**Repeat 3 times**

**Wash your arms, making sure to include the elbows.**

Start with the right arm, from the fingertips up to and including the elbow. Do the same for the left arm. No area should remain dry.



6

## Wipe the head

**Do once**

**Pass your wet hands over your entire head.**

Wet your hands, then pass them from your forehead to the nape of your neck. Then bring your hands back from the nape to your forehead. This is done only once.



7

## Wipe the ears

Do once

**Wipe the inside and outside of your ears.**

Without taking new water, use your index fingers to wipe the inside of your ears and your thumbs to wipe behind the ears.



8

## Wash the feet

Repeat 3 times

**Wash your feet up to and including the ankles.**

Wash your right foot then your left foot. Make sure water passes between the toes with your little finger and covers the heels and ankles well.

